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Confirmation of fishers’ local ecological knowledge of ciguatoxic fish species and ciguatera-prone hotspot areas in Puerto Rico using harmful benthic algae surveys and fish toxicity testing

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31 **Abstract**

32 Ciguatera fish poisoning (CFP) is caused by the consumption of tropical and subtropical
33 fishes and other marine species with high levels of ciguatera toxin (CTX) in their tissues. CTX is a
34 polycyclic neurotoxin produced by single-celled, photosynthetic dinoflagellates in the
35 *Gambierdiscus* and *Fukuyoa* genera which are found in close association with benthic
36 autotrophs. CTX enters the food web when these dinoflagellates are inadvertently consumed by
37 herbivores grazing on their preferred substrates. The toxin biomagnifies up the food chain to the
38 top predators and if humans consume seafood with high levels of CTX it can cause a variety of
39 flu-like symptoms. The best way to avoid CFP is to avoid toxic fishes. However, CTX is
40 undetectable by physical inspection. This study investigated local fishers' knowledge of
41 ciguatera hotspots and coldspots along Puerto Rican coral reefs using toxic-dinoflagellate cell
42 counts and by estimating fish toxicity in those sites using a cell-based Neuro-2a cytotoxicity
43 assay. The fishers identified regions of high and low risk for CFP based on their local ecological
44 knowledge (LEK) which were deemed hotspots and coldspots, respectively. There is a 35-fold
45 difference in dinoflagellate cell counts of low-toxicity *Gambierdiscus* species in samples in the
46 identified hotspot compared to the coldspot. Also, higher trophic level fishes (>3.4 ETL) had
47 higher median estimates of CTX in their tissues at the hotspot than the same species in the
48 coldspot. This study shows the effectiveness of LEK in identifying potential problem areas for
49 ciguatera.

50 **Introduction**

51 People living in tropical and subtropical regions worldwide rely on fish and other marine
52 organisms for sustenance, tourism, and recreation. However, fishes in these regions, specifically
53 in the Pacific and Indian Oceans and the Caribbean Sea, can harbor ciguatera toxin (ciguatera
54 or CTX), a potent neurotoxin produced by several different species of dinoflagellates, most
55 notably in the *Gambierdiscus* and *Fukuyoa* genera [1,2]. If humans ingest tissues of marine
56 coral reef species that accumulate this toxin in a high concentration, then it can cause a variety of
57 severe symptoms, i.e., vomiting, diarrhea, abdominal pain, paresthesia (burning of the skin), the
58 reversal of hot and cold sensations, and occasionally, death [3]. The muscle tissues (the fish
59 filets most people consume) have the potential to be toxic. Also, the roe, gonads, liver, and other
60 organs in the fishes carry higher levels of CTX than muscle tissues, and these organs may be
61 more dangerous to consume than muscles [4]. Different structures and chemical congeners of
62 ciguaterins in the Indian Ocean, Pacific Ocean, and the Caribbean Sea cause variations in

63 symptoms from those regions [5–7]. The sickness from consuming ciguatoxic fish is known as
64 ciguatoxin fish poisoning (CFP).

65 There is no reliable way to determine if seafood has high levels of CTX, the best way to
66 prevent CFP is to avoid it altogether. CTX is colorless, odorless, and tasteless [8] and is heat-
67 stable, meaning cooking the fish does not affect the toxin [7]. Local folk methods for identifying
68 toxic fish (such as feeding a small piece of fish to a pet animal and monitoring its reaction,
69 rubbing the flesh with a coin, or leaving a portion of the fish near insects to see if they avoid it)
70 are unreliable [9]. There are currently no dockside tests available. The best ways to detect CTX
71 are with complex bioassays (neuroblastoma cell-based assay (N2a-CBA), and a fluorescent
72 receptor binding assay (RBA(F))) which are costly and time-consuming [10–12].

73 Local ecological knowledge (LEK), also known as traditional ecological knowledge
74 (TEK) [13] is the knowledge and beliefs about ecological relationships gained from interaction
75 with a resource that can be shared among other resource users [14]. It has been shown that
76 indigenous fishers can understand fishes' migration patterns, habitat connectivity, population
77 dynamics, essential fish habitat, and the presence or absence of species [15–17]. Therefore, we
78 believe that Puerto Rican fishers can identify reefs that have high and low levels of ciguatoxin,
79 which we are calling “hotspots” and “cold spots”, respectively. Our theory is that over time,
80 fishers have learned to avoid certain reefs, and fishes within those reefs, due to a feedback loop
81 where the harvesting and consumption of toxic species changed fishing habits to avoid these
82 toxic areas and species. We show here that reefs identified by fishers as hotspots had 35-fold
83 more toxin-producing dinoflagellates than areas identified as cold spots. There was also more
84 CTX in the fishes’ tissues in the higher trophic levels (>3.4 ETL) at the hotspots than those same

85 species in the coldspots using CTX estimation with the reliable N2a-CBA neuroblastoma cell-
86 based assay.

87 **Materials and Methods**

88 **Interviews with Fishers**

89 Semi-structured interviews were conducted with 21 commercial fishers in Puerto Rico to
90 identify hotspot and coldspot locations to sample fishes for CTX estimation and determine which
91 fishes would likely have higher levels of CTX in those areas. These data guided the protocol for
92 both the fish and toxic dinoflagellate sampling. Interviews took place in *Villas pesqueras* (fish
93 houses) along the west, south, and east coasts of Puerto Rico. The informants' commercial
94 fishing experience ranged from 18 to 67 years ($\bar{x} = 34.71$), thus they possessed a great deal of
95 ecological knowledge on fishes harvested commercially, coral reefs, and ciguatoxic fishes.
96 Informants circled areas they identified as hotspots and coldspots on nautical charts (NOAA
97 booklet charts 25650, 25977, and 25668). The closest municipality to the circled area's location
98 was designated as the name of that hotspot or coldspot. For example, a circled area off the coast
99 of Guayama was simply "Guayama." Each fisher had a new booklet chart to draw on to
100 discourage biased results from previous fishers. Hotspots and coldspots were identified using a
101 free-list salience metric in Visual Anthropac [18]. Salience is a weighted average of the inverse
102 rank of an item across multiple free lists, where each list is weighted by the number of items in
103 the list [19]. The salience metric was used to analyze the names of the high-prevalence CFP
104 locations in the free lists provided by the respondents and to compare the different fishing
105 villages in terms of their ranking of locations for CFP. Salience was also used to compare three
106 larger coast-wide regions (Northeast coast, South coast, and Southwest coast).

107 The informants also identified fishes they believed to be at higher risk of CTX. As part
108 of the interviews, we asked the fishers to free-list species that they consider to be toxic. These
109 free-lists were analyzed using Visual Anthropac using the salience metric as described above for
110 CFP locations. After free-listing we asked them to sort fish cards into two piles: toxic and non-
111 toxic. This pile sort exercise was done with a fixed set of fish species identification cards that
112 was administered to all interviewees to investigate which fishes and other marine species they
113 believed were most toxic. These data were used to identify which fishes would be best for
114 sampling. A set of laminated cards were created with different species of fish on each one. The
115 fishes on the cards consisted of commonly caught species of commercial value in Puerto Rico
116 except for *Sphyraena barracuda*. Barracuda were included because they are known to have high
117 levels of CTX in their tissues, and the Puerto Rican government has a moratorium on the
118 commercial catch and sale of this species due to CTX concerns. The informants put the cards
119 into two piles according to whether they avoid catching that species due to CTX or not. Results
120 were analyzed using a consensus analysis in UCINET [20]. Consensus analysis examines a
121 respondent matrix, with informants as rows i and fish species cards as columns j , with cells
122 coded with a 1 if placed by an informant in the toxic pile, and 0 if in the non-toxic pile. This two-
123 mode adjacency matrix was analyzed with the UCINET Consensus Analysis tool and plotted in
124 NetDraw [21]. Consensus analysis determines the most likely "correct answer" amongst the
125 respondents and simultaneously assesses the competence of each of the respondents. We
126 formatted the pile sort data as a matrix with fishers as respondents and the response for each
127 species as an answer to a question: "Is the species toxic? True or False". Each fish species card
128 was placed by the respondent in a True or False pile. The fisher true-false responses for each
129 species were recorded in a matrix, with 1=True and 0=False. The consensus analysis produced

130 an agreement matrix of the fishers' responses, a square data matrix that indicated the consensus
131 among fishers. Also, the consensus analysis produced a "correct" answer key for each species of
132 fish, indicating which species most fishers agreed were toxic. The consensus analysis routine
133 produced a competency score for each fisher, and output of eigenvalues, with the Eigenratio
134 (ratio of first to the second eigenvalue) providing a reliability estimate for the analysis.

135 **Toxic Dinoflagellate Sampling**

136 Based on LEK interviews toxic dinoflagellates were sampled in October 2019 at four
137 sites: CTX-1 (23.7m to 25m depth) and CTX-2 (18.9m to 21.6m depth) were identified as
138 coldspots and CTX-3 (22.5m to 28.6m depth) and CTX-4 (17.2m to 18.9m depth) were
139 identified as hotspots. We used the artificial substrate screen-rig 24-h sampling protocol outlined
140 in Tester et al 2014 [22] to provide consistent substrate area and type across these four sites.
141 Five replicate screen-rigs were deployed on the open bottom away from coral heads on open or
142 algal-covered substrates at each site by scuba divers, with one central screen-rig and four others
143 surrounding this central one spaced at distances of 10-45m apart. The rigs were a simple weight
144 attached to a fishing bobber with a barrel swivel attached 1m from the weight and a mesh screen
145 attached to a swivel. After 24 hours, divers collected the rigs by placing a jar over the screens
146 and unhooking the swivels; the lids were tightened on the jars and brought to the surface. The
147 samples were taken to the University of Puerto Rico at Humacao and preserved with Lugol's
148 solution. The water samples were stored in brown plastic bottles and then shipped to the NOAA
149 Southeast Fisheries Science Center. The samples were counted for the number of *Gambierdiscus*
150 spp. cells present using a Nikon Eclipse TS100 at 40x magnification. Species were identified in
151 each sample using a semi-quantitative polymerase chain reaction (qPCR) [23,24].

152 **CTX Estimation of Fishes at Hotspots and Coldspots**

153 We sampled fishes at two reefs at two different depths in October 2019 for two
154 consecutive days at the identified coldspot and the hotspot. Fishes of all trophic levels were
155 targets for the study; however, hogfish (*Lachnolaimus maximus*) and barracuda (*Sphyraena*
156 *barracuda*) were a high priority. Barracuda were targeted due to their high trophic position
157 (~4.0) in the food web and the commercial harvesting ban of these fishes. Hogfish were targeted
158 because of their trophic position (~3.66) and they are a commercially important species to the
159 fishers of Puerto Rico that have been known to harbor toxic levels of CTX. Some informants
160 mentioned them as highly toxic in some areas and non-toxic in others. The tested fishes were
161 captured by local fishers by scuba diving, fish traps, and hook and line. For analysis, fishes were
162 separated into three trophic groups, based on their ETL's from Opitz (1996) [25]. The low
163 trophic group was 2.0 – 2.9 ETL, the medium trophic group was 3.0-3.4, and the high trophic
164 group was 3.5+. This was based on diet compositions. The low trophic group was mostly
165 herbivorous with some zooplankton. The medium trophic group consumed a mixture of plants,
166 invertebrates, and fishes, and the high trophic group ate mostly fishes. The low trophic group
167 solely consists of *Sparisoma viride*, the medium trophic group was *Holocentrus rufus*, and *L.*
168 *maximus*, and the high trophic group was *S. barracuda* and *C. ruber*.

169 Muscle tissue was taken and stored from each fish caught which were used in the N2A-
170 CBA neuroblastoma cell-based assay to estimate CTX concentrations. First, CTX was isolated
171 from the muscle tissues and suspended in 100% methanol. Five grams of fish tissue were
172 homogenized twice in 10ml 100% methanol in a 50ml Falcon centrifuge tube using an electric
173 tissue homogenizer. After each homogenization step, the methanol was transferred from the
174 50ml Falcon tube to a glass HPLC scintillation vial. It was essential to use glass vials because

175 CTX can stick to plastics. The methanol layer was allowed to dry under an N² stream until only
176 the precipitate remained. Then, 5ml dichloromethane (DCM) and 5ml 60% methanol were
177 added to the glass scintillation vial twice.

178 After each substance's addition, the vial was swirled, then its contents were added to a
179 250ml glass separatory funnel. The layers were separated after shaking lightly, and the DCM
180 layer was added in a new glass scintillation vial. The N² stream dried the sample until the
181 precipitate remained. Next, 5ml cyclohexane and 5ml 80% methanol were added to the new
182 glass scintillation vial, twice. After each addition, the liquid was swirled around in the vial then
183 added to a clean 250ml separatory funnel. The layers were then allowed to separate. The 80%
184 methanol layer was collected in a new glass scintillation vial. Finally, the methanol layer was
185 allowed to dry under an N² stream completely. After reconstituting the sample in 200µl 100%
186 methanol, the vial was fastened with a lid, secured with Parafilm, labeled, and placed in a -20°C
187 freezer until it was ready for the assay.

188 Mouse neuroblastoma cells (N2a) (ATCC, CCL131) were cultured and maintained in
189 Eagle's Minimum Essential Media (EMEM, ATCC) with 10% fetal bovine serum (ATCC) and
190 5ml penicillin-streptomycin (10,000U/mL) (ThermoFisher Scientific) in a 37°C incubator at 5%
191 CO₂:95% air atmosphere. The cells were plated at 30,000 cells per well in a 96-well tissue
192 culture plate (Fisher Scientific, 07-200-90). The cells were allowed to incubate overnight in the
193 previously described growth medium. After 18-22 hours of incubation, the cells were treated
194 with either plain medium or medium with Ouabain (31.3µM) and Veratradine (3.13 µM) (O/V),
195 enough to achieve 20% cell death in positive control. Two rows of wells with O/V had the P-
196 CTX3C serial dilution standard added, and four rows of wells (two with O/V and two without
197 O/V) had the extracted samples added. The samples were then incubated overnight.

198 After 18-22 hours of incubation, the medium was removed from the wells using an
199 electric pump and suction pipette. An MTT (3-[4,5-dimethylthiazole-2-yl]-2,5-
200 diphenyltetrazolium bromide) colorimetric assay was performed, followed by an absorbance
201 reading at 544nm for each well [26]. First, 1ml MTT bromide was added to the 5ml growth
202 medium and then the MTT bromide mixture to each well in 50 μ l aliquots. The cells were left to
203 incubate for 30-60mins until a purplish color appear. MTT bromide is catalyzed to MTT-
204 formazan by mitochondrial succinate dehydrogenase, which creates a dark purple color. The
205 more metabolically active cells in a well, the darker the color, and therefore the higher the
206 absorbance when measured by a spectrophotometer. After reaching the time limit, the MTT was
207 removed via the flick method and added 100 μ l of dimethyl sulfoxide (DMSO) to each well.
208 DMSO acts as a lysing agent to the cells that release the color from the cells' inside. The plate
209 was put on an orbital shaker to distribute the coloring for 15 minutes evenly and read at an
210 absorbance at 544nm.

211 **Results**

212 **Ciguatera Fish Poisoning Hotspots and Coldspots from Interviews** 213 **with Informants**

214 In general, the south side of the islands of Puerto Rico, Vieques, and St. Thomas (USVI),
215 and St. John are considered ciguatera fish poisoning (CFP) hotspots by the fishers we
216 interviewed (Figure 1Figure 2). In the USVI, fisheries biologists, Coki Point fishermen, and
217 Frenchtown fishermen all noted that the southern waters of St. Thomas (USVI) were particularly
218 prone to CFP and that the northern waters were not. USVI fisheries biologists stated: "...nearly
219 always, or always, the basic rule is don't eat the species they listed as toxic in the south but they
220 are all right from the north." And in Frenchtown, St. Thomas, when asked why the south was
221 toxic, the fishers stated: "...primarily because of the upwellings in the North, which does not

222 allow the ciguatera toxin to grow. Every six months there are upwelling events that kept the
223 toxin away, making the region all right for fish.” One informant from Coki Point, St. Thomas,
224 sorted four fish cards into a pile that comprised those species they do not eat “...if we catch them
225 from the south.” From interviewing three fishermen at Coki Point, the name of a place in the
226 water where fish become toxic was identified as: “Copper Banks” also known as “Scratch and
227 Itch Banks”. When asked about other specific places in the south and they just said, “The whole
228 south.” Yet these informants also said that the eastern waters, east of St. John, were also prone
229 to the toxin. The Frenchtown fishers also said that the toxins grow primarily on the flat surfaces
230 of old wrecks and that this is where a lot of fish feed, but that the currents and occasionally the
231 storms clean the surfaces of the toxin, and a few months later all the fish are good to eat. The
232 fishermen of Frenchtown backed away from saying that it was substrates alone that influenced
233 whether or not the fish they captured might be toxic, suggesting, instead, as is common with
234 local ecological knowledge (LEK), a more advanced and complex understanding of ecosystem
235 dynamics. It is essentially a process that results in ciguatoxin poisoning: a combination of
236 bathymetry, substrates, the behaviors of fish, and the knowledge and behavior of humans (and,
237 perhaps, in some places, their hunger or desperation). Each of these factors combines to result in
238 incidents of human ciguatoxin poisoning. They understand that the toxin ultimately comes from
239 dinoflagellates—they even mentioned these critters by the general name, dinoflagellate—but it
240 isn’t a simple case of fish feeding from them and then passing the toxin on to humans. Instead,
241 it’s the conditions in which the dinoflagellates settle, initially, in that they need the calmer waters
242 of the south and east rather than the seasonal upwellings and currents of the north; storm events
243 can also influence the extent of their distribution, in that often hurricanes “clean” the flat
244 substrates, where they settle and grow, by “tearing up the bottom.”

245 The results of the free-listing exercise for hotspot identification show most fishers in
246 Puerto Rico believed Guayama and Salinas were CTX hotspots, and these two locations had the
247 greatest overall salience scores (Table 1). Out of the 21 fishers interviewed, 12 of them identified
248 Guayama as a hotspot area, which was the most frequently mentioned; Guayama had an overall
249 salience score of 0.377. Other areas where CFP has been reported by the fishers are shown in
250 this table along with the salience metric for each location by fishers in different fishing villages
251 used for interview locations. Fishing villages differed in the salience scores associated with
252 these locations, with Guayama fishers rating both Guayama and Salinas highly (salience = 0.53
253 for Guayama; salience = 0.73 for Salinas), whereas Fajardo fishers rated Vieques as a location
254 with high levels of CFP (salience = 0.62 Table 1). Guayama and Salinas are both on the
255 Southeastern coast of Puerto Rico (Salinas is 15 miles west of Guayama) and fishers from those
256 municipalities share common fishing grounds. Vieques is an island further to the east reachable
257 by boat in 30 min from Fajardo and Naguabo, and fishers from Naguabo travel to those Vieques
258 reefs to fish. In terms of differences among the fishing villages, while fishers on the south coast
259 named Guayama and Salinas as the two most often listed CFP hotspots (salience for Guayama =
260 0.419, Salinas = 0.386), fishers in the Northeast (Fajardo and Naugabo) named Vieques as a CFP
261 hotspot (salience = 0.546; Table 2). This suggests that there is more than one hotspot in Puerto
262 Rico and the fishing villages experienced a different perception of where hotspots were located,
263 although both agreed that hotspots with high prevalence of CFP were distributed along the south
264 coast of the main island of Puerto Rico and also on the south coast of Vieques (Figure 2). It also
265 means that fishers have a thorough understanding of their fishing grounds. For example, a
266 Fajardo fisher is more knowlegable of Fajardo, Ceiba, Luquillo, Rio Grande, and Culebra fishing
267 grounds. On the other hand, they may have marginal knowledge about fishing grounds in the

268 southern coast and its dynamics. For this study, Guayama was chosen as one hotspot for
269 sampling of dinoflagellates densities, CTX in fish tissues, and ecological food web modeling;
270 however future work needs to be conducted on Vieques and other sites mentioned. Few
271 fishermen chose CFP locations on the eastern, western and northeastern coast of Puerto Rico.
272 No fishermen selected Fajardo as an area of CFP prevalence, which is an area in the Northeast
273 known for its commercial fisheries. For this reason, we chose to investigate reefs to the NE of
274 Fajardo as the coldspot comparison area for ecological sampling.

275 The consensus analysis results on the fish card pile-sort exercise indicated a strong
276 agreement among the fishers on the fish species most likely to be ciguatoxic (**Error! Reference**
277 **source not found.**). The large eigenratio (18.35) and the lack of negative competence scores
278 (Table 3) in the consensus analysis indicate a good fit for the consensus model. The fish species
279 that informants agreed upon as high prevalence for CFP were hogfish (*Lachnolaimus maximus*),
280 barracuda (*Sphyraena barracuda*), king mackerel (*Scomberomorus cavalla*), black jack (*Caranx*
281 *lugubris*), greater amberjack (*Seriola dumerili*), and horse-eye jack (*Caranx latus*); these were
282 the species in the “answer key” generated by the consensus analysis as being toxic (Table 4). All
283 of these fish species plotted in the center of the consensus analysis network, indicating that
284 informants from all fishing villages thought that those species were toxic. These also had very
285 high salience scores on the free-listing analysis, with great barracuda having the highest salience
286 score (0.898) followed by hogfish (0.728) and amberjack (0.488; Table 4). There were several
287 species named in free-lists that were not on our pile sort cards: African pomano, bar jack, yellow
288 goatfish, almaco jack, escolar, and rainbow runner, but these all had relatively low salience
289 scores. There were some differences noted amongst the fishers in the different villages; fishers
290 from Guayama tended to rate schoolmaster (salience = 0.081), king mackerel (salience = 0.215),

291 and dog snapper (salience = 0.179) as toxic fishes, while fishers from Fajardo identified
292 yellowfin grouper and rainbow parrotfish (neither were listed on free-lists) as toxic. A fisher
293 from Maunabo identified Cubera snapper and tiger grouper (neither were listed on free-lists) as
294 toxic. Fishers from Ponce and Maunabo also identified king mackerel and dog snapper as toxic,
295 agreeing with the Guayama fishers. Fishers from Juana Diaz and Naguabo identified cero as
296 toxic (salience = 0.018).

297 The number of *Gambierdiscus spp.* cells L⁻¹ in the hotspots were higher than in the
298 coldspots (Figure 4). The median values in coldspot CTX-1 and coldspot CTX-2 were 333.33
299 cells L⁻¹ and 1000 cells L⁻¹, respectively. The hotspots' median values were higher at 2333.33
300 cells L⁻¹ at CTX-3 and 11,666.67 cells L⁻¹ at CTX-4. The short boxes in sites CTX-1, CTX-2,
301 and CTX-3 show a high agreement among the replicate samples, while CTX-4 suggests more
302 considerable differences in the repeats. The lower whisker in the CTX-3 plot site overlaps the
303 first quartile in the CTX-2 site plot. These data show that there are some similar cell counts in
304 CTX-3 and CTX-2. The CTX-4 site had many more cells L⁻¹ than any other site.

305 The estimated CTX levels in the targeted species *S. barracuda* were higher in the hotspot
306 than in the coldspot by .071 CTX-3C equiv. (Welch Two Sample t-test, n = 8, p = 0.03834)
307 (Figure 5). Median values of *S. barracuda*, *Caranx ruber*, and *L. maximus* were all higher in the
308 hotspot than the same species in the coldspot. *Holocentrus rufus* and *Sparisoma viride* did not
309 differ between sites. A two-way interaction ANOVA showed a significant effect of
310 hotspot/coldspot on toxin concentration in fishes (F = 6.359, f = 1. P = 0.016) as well as an effect
311 of trophic group on toxin concentration in fishes (F = 5.078, df = 2, p = 0.0111).

312 As the trophic level increases, the CTX concentration increases (Figure 6). The
313 estimated CTX values in the coldspot did not differ as trophic level increased. However, a

314 Tukey HSD post-hoc comparison showed that it did in the hotspot. The low and medium trophic
315 groups in the hotspot both had lower toxin concentrations than the high trophic group in the
316 hotspot ($p = 0.029$ and $p = 0.027$, respectively).

317 **Discussion**

318 **Fishers know where CTX is more prevalent**

319 Fishers along the east coast of Puerto Rico identified Guayama as a CTX hotspot (Fig 1)
320 including fishers from Cabo Rojo to Guayama and the northeast coast of Fajardo. There haven't
321 been formal ciguatera hotspot identification studies done in Puerto Rico or any other Caribbean
322 islands, only in the Pacific in Hawaii. More research is done on ciguatoxin in the Pacific than in
323 the Caribbean due to more funding allocation, and P-CTX's are 10-fold more toxic than C-
324 CTX's [27]. There are also readily available Pacific ciguatoxin standards available for purchase
325 to run assays with (P-CTX-3C, Fujifilm Wako Chemicals), but none is available for Caribbean
326 chemical strains. The lack of data emphasizes the importance of fishers' LEK, which can
327 improve fisheries' management and can be used in data-poor artisanal fisheries to understand
328 fishing grounds [28,29].

329 Fishers across Puerto Rico generally agreed on which locations were more likely to be
330 toxic and which fishes to avoid, which means there is some form of data transmission.
331 Information could be passed through fish houses to fishers at other fish houses, rumors of locals
332 getting sick and tracing that illness back to which fish house the specimen was purchased from,
333 or passed down from elders in the communities. We argue that LEK and TEK provides a
334 community adaptation to CFP that leads to a reduction in the number of CFP cases, although
335 insufficient data on CFP cases make this challenging to investigate. Our field work made clear
336 that most fishers avoid catching "hot fish" at "hotspots" which reduces the incidence rates of

337 CFP. Casual consumers do not know as much about CTX as commercial fishers. Researchers
338 should investigate the knowledge gap between commercial and recreational fishers. Non-
339 commercial fishers with less knowledge may keep riskier fishes leading to CFP outbreaks.

340 It is difficult to determine which fish are toxic when there are no dockside tests available,
341 potentially leading to a deterministic view of ciguatera fish poisoning [30]. Nellis and Bernard
342 (1986) [30] show that in the USVI, when it comes to CFP, people believed they would
343 eventually get it, and there wasn't much they could do about it.. There was a similar sentiment
344 from fishers in Puerto Rico. Their methods of avoiding toxic fish could only go so far; catching
345 a contaminated fish was inevitable. One informant in Guayama mentioned that he had CFP
346 multiple times. In addition to selling his catch, he also fed his family with the fish he caught. To
347 prevent them from getting sick he would eat the fish first, freeze the rest, then wait a few days
348 before feeding it to his family, to make sure they wouldn't get sick. However, his fishing style
349 didn't change, partially because he couldn't change it. Those who live in the more impoverished
350 areas cannot change their fishing locations due to economic restraints. They generally fish from
351 smaller boats and do not have the means to trailer it to safer fishing grounds. They rely on
352 knowledge they have gained as well as knowledge that has been passed down to them as a way
353 to avoid catching toxic fish.

354 **Between site dinoflagellate counts**

355 Overall, the data shows higher cell counts of low toxicity species in the hotspot samples
356 than in the coldspot samples. The higher number of cells L^{-1} could be causing toxicity in higher
357 trophic level fishes at those sites. Herbivores and herbivorous fish consume these dinoflagellates
358 when feeding on their preferred substrates, which means any increase in the number of cells
359 resting on the algae would increase the amount of toxin entering the system [31–33].

360 The suite of species found was different at each site, with *G. caribaeus* being the only
361 species found at both hotspot and coldspot (Figure 7). Litaker *et al.* 2017 describe each species'
362 toxin concentration that we found at the hotspot and coldspot: the toxin concentration of
363 *Gambierdiscus caribaeus* is 0.66 ± 0.34 fg CTX3C equiv. cell⁻¹, *Gambierdiscus carpenteri* is
364 0.89 ± 0.41 fg CTX3C equiv. cell⁻¹ *Gambierdiscus belizeanus* is 0.85 ± 0.81 fg CTX3C equiv.
365 cell⁻¹ and *Gambierdiscus carolinianus* is 0.27 ± 0.43 fg CTX3C equiv. cell⁻¹. Assuming an equal
366 distribution of cells, although unlikely, the average toxicity of the cells at the coldspot (0.8 fg
367 CTX3C equiv. cell⁻¹) is almost twice as high as the cell toxicity at the hotspot (0.465 fg CTX3C
368 equiv. cell⁻¹). Since this is counterintuitive to what we predicted, there may be more toxic
369 species cells than low toxic species in the hotspot. Future studies should include more in-depth
370 dinoflagellate sampling protocols, including doing the qPCR right after the cells are captured
371 (our qPCR was delayed due to the global SARS-CoV-2 pandemic, and therefore, some DNA was
372 degraded).

373 If the number of cells of these toxin-producing dinoflagellates drives the toxicity in high
374 trophic level fishes, scientists will benefit from a routine monitoring program of the algae.
375 Divers should collect *Gambierdiscus* spp. using the screen-sampler method, count the number of
376 cells, and identify the species present using PCR, which would also help fill the large data gap in
377 these cells' global distribution [23]. We generally know which species habituate the Pacific,
378 Atlantic, and Indian Oceans and the Caribbean Sea. However, scientists know little about the
379 specific reefs and coasts to which these dinoflagellates thrive. There is some evidence that
380 increased wave and wind action reduces the toxicity of reefs [34]; northern coasts of the
381 Caribbean Islands experience harsher conditions, disturbing the growth of these algae. Studies

382 should sample along the north and south coasts of Puerto Rico and compare the dinoflagellate
383 profiles to the wind and wave energy exerted on these areas.

384 **Toxicity in fishes**

385 Overall, fishes in the hotspot had higher levels of CTX in their tissues than the fishes in
386 the coldspot, which supports our hypothesis that fishers can identify CTX hotspots and
387 coldspots. It is difficult to pinpoint what factors drive this difference, but some could be
388 attributed to the higher cell densities in the hotspot than the coldspot. The coldspot in Puerto
389 Rico is on the north side of the island, and a study by Loeffler *et al.* (2018) [34] shows lower
390 toxicity in fishes collected on the north side of the U.S. Virgin Islands. The scientists in this
391 study show greater wave energy on the north side of the USVI, which could be leading to a more
392 deficient growing environment for CTX-producing dinoflagellates.

393 The fishes that differed from the hotspot and coldspot were the *Sphyraena barracuda*
394 (barracuda), *Lachnolaimus maximus* (hogfish), and *Caranx ruber* (bar jack). These species are
395 all higher trophic level organisms compared to the other species compared. The barracuda
396 consumes mostly fishes with some octopuses and crustaceans, similar to the bar jack, while the
397 hogfish primarily consume mollusks [35]. Interestingly, hogfish have higher levels of CTX3C
398 equiv. in their tissues than the bar jack when the bar jack is at a higher trophic level. When
399 secondary consumers feed on the CTX-producing dinoflagellates, they metabolize the toxin and
400 excrete 95% in the form of oxocenes, which drastically reduces the amount of CTX that gets
401 transferred to the next trophic levels [33]. However, the same metabolism is most likely not
402 present in gastropods, the hogfishes' preferred prey. Suppose gastropods consume toxin-
403 producing dinoflagellates while grazing on their preferred substrates and are not metabolizing it
404 like fishes. In that case, they could be transferring more CTX to higher trophic levels than if it

405 had gone through herbivorous fishes. This CTX transfer could explain the higher levels of
406 CTX3C equiv. in hogfish compared to the bar jack. Future studies should test the CTX3C equiv.
407 concentration in gastropods and secondary consumers in the same locations and compare that to
408 the dinoflagellate density and species composition on the same reef. This study may begin to
409 explain how the pathways that CTX takes through the food web play a role in the toxicity of
410 some species.

411

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- 509

510 Table 1 Saliency metrics for places in Puerto Rico with high levels of ciguatoxic fishes (Locations with CFP) named by fishers
 511 during free-listing interviews. Saliency is a weighted average of the (inverse) rank of an item across multiple freelists, where each
 512 list is weighted by the number of items in the list (Smith 1993). Overall saliency (first column) is given for interviews made at all
 513 places; saliency for individual fish houses or interview locations are listed in the following columns. High saliency (in boldface)
 514 means good agreement among fishers from a location.

Interview locations

Locations named in free-lists	Overall	Arroyo	Cabo Rojo	Fajardo	Guayama	Juana Diaz	Maunabo	Naguabo	Ponce
Guayama	0.377	1	0.5	0.111	0.533	0	0.667	1	0
Salinas	0.337	0	1	0.133	0.733	0	1	0	0
None	0.286	0	0	0.2	0	1	0	0	1
Vieques	0.156	0	0	0.622	0	0	0	0.167	0
Ponce	0.095	0	0	0.2	0.167	0	0	0	0
Juana Diaz	0.08	0	0	0.178	0.133	0	0	0	0
Santa Isabel	0.066	0	0	0.156	0.1	0	0	0	0
Arroyo	0.056	0	0	0	0	0	0.333	0.833	0
Patillas	0.048	0	0	0.067	0	0	0	0.667	0
Maunabo	0.034	0	0	0.044	0	0	0	0.5	0
Arroy	0.021	0	0	0.089	0	0	0	0	0
Yabucoa	0.016	0	0	0	0	0	0	0.333	0

515

516

517 Table 2. Saliency metrics for fishers interviewed along the North and South coasts in Puerto Rico who were asked to name
518 places with high levels of ciguatoxic fishes during interviews. Overall saliency (first column) is given for interviews made at all
519 places; saliency metrics from coast-wide pooled interviews (North Coast and South Coast) are listed in the other columns.

Item	OVERALL	North Coast	South Coast
Guayama	0.377	0.259	0.424
Salinas	0.337	0.111	0.427
None	0.286	0.167	0.333
Vieques	0.156	0.546	0
Ponce	0.095	0.167	0.067
Juana Diaz	0.08	0.148	0.053
Santa Isabel	0.066	0.13	0.04
Arroyo	0.056	0.139	0.022
Patillas	0.048	0.167	0
Maunabo	0.034	0.12	0
Arroy	0.021	0.074	0
Yabucoa	0.016	0.056	0

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521

522 Table 3. Consensus analysis results: Informant ID, fish house location, years of commercial fishing experience and competence
523 scores for the informants interviewed about CFP in fishes caught in Puerto Rico.

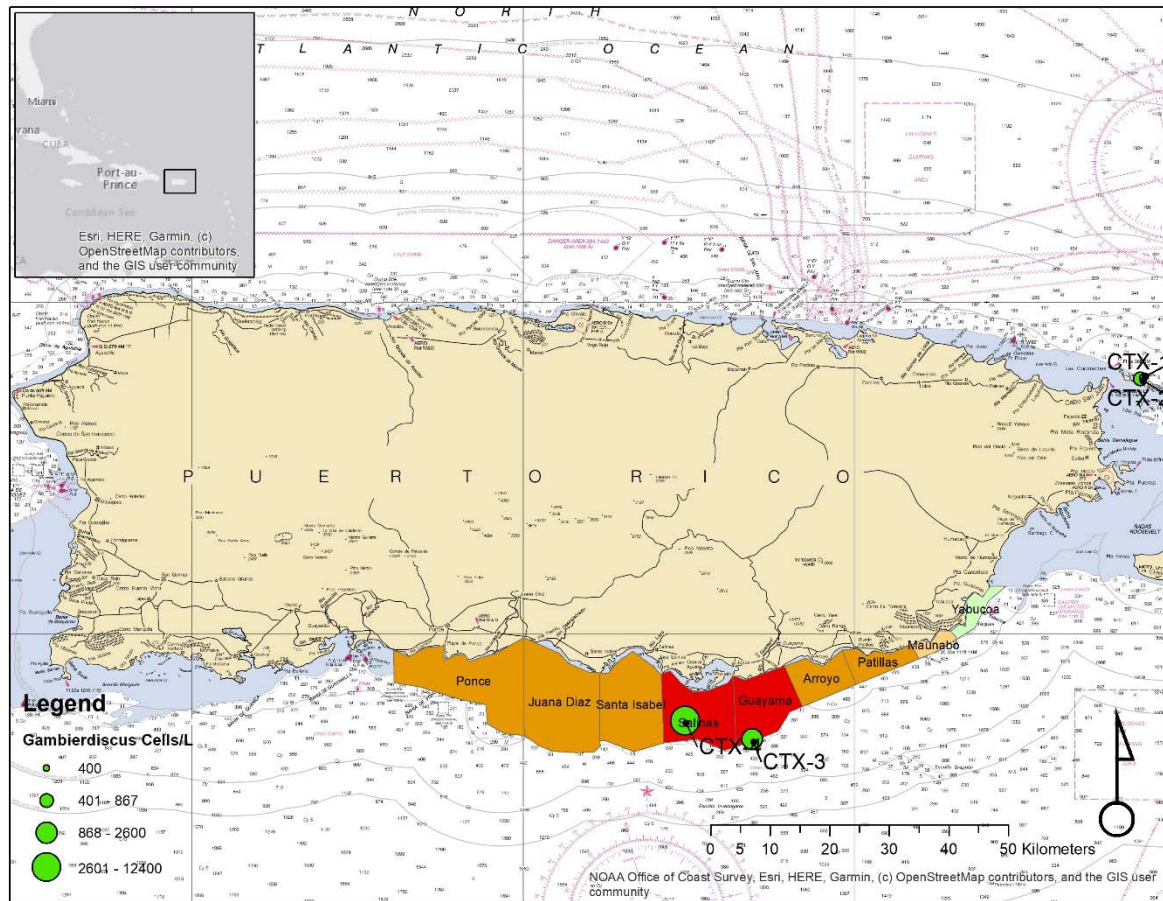
Informant ID	Fish house	Years of Experience	Competence Score
1	CaboRojo	47	0.97
2	Fajardo	39	0.854
3	Fajardo	67	0.97
4	Fajardo	33	0.883
5	Fajardo	36	0.924
6	Fajardo	40	0.924
7	Guayama	18	0.93
8	Guayama	28	0.926
9	Guayama	32	0.93
10	Guayama	25	0.93
11	Guayama	23	0.93
12	Guayama	30	0.974
13	Arroyo	58	0.974
14	Arroyo	27	0.933
15	JuanaDiaz	44	0.855
16	JuanaDiaz	31	0.97
17	JuanaDiaz	25	0.868
18	JuanaDiaz	45	0.952
19	Ponce	37	0.974
20	Maunabo	20	0.836
21	Naguabo	24	0.855
	Average	34.7	0.922

524

525

526 Table 4. Comparison of fishers' perception of which fish species are ciguatoxic based on pile-sort exercise and free-listing
527 exercise (salience metric).

	Pile-sort Species	Answer key	Free-list Species	Salience
1	Hogfish	1	Hogfish	0.728
2	Barracuda	1	Barracuda	0.898
3	King Mackerel	1	King Mackerel	0.215
4	Cero	0	Cero	0.018
5	Black Jack	1	Black Jack	0.243
6	Amberjack	1	Amberjack	0.488
7	Bluerunner	0		
8	Horse-eye Jack	1	Horse-eye Jack	0.143
9	Jack Crevalle	0		
10	Cubera Snapper	0		
11	Queen Snapper	0		
12	Silk Snapper	0		
13	Blackfin Snapper	0		
14	Lane Snapper	0		
15	Mutton Snapper	0		
16	Mangrove Snapper	0		
17	Yellowtail Snapper	0		
18	Schoolmaster	0	Schoolmaster	0.081
19	Dog Snapper	0	Dog Snapper	0.179
20	Tiger Grouper	0	Species not on cards	
21	Red Hind	0	African Pompano	0.110
22	Coney	0	Cobia (Rainbowrunner)	0.015
23	Yellowfin Grouper	0	Bar Jack	0.041
24	Queen Parrotfish	0	Yellow Goatfish	0.032
25	Rainbow Parrotfish	0	Almaco Jack	0.024
26	Stoplight Parrotfish	0	Escolar	0.024
27	Striped Mojarra	0		
28	Yellowfin Mojarra	0		
29	Sand Tilefish	0		
30	Spadefish	0		
31	Trunkfish	0		
32	Redear Sardine	0		
33	White Mullet	0		
34	Ballyhoo	0		
35	Blue Crab	0		
36	Queen Conch	0		
37	West Indian Topshell	0		



528

529 **Figure 1 A map of the places named by fishers in our interviews during free-listing of locations with high levels of**
530 **ciguatoxic fishes.** Color of each area shows the likelihood of ciguatera (CTX) hotspots as derived from overall salience metrics
531 from fishers' free-listing of sites with high prevalence of CFP (red 0.34-0.37; orange 0.066-0.095; gold 0.048; yellow 0.034; light
532 green 0.016). Cell counts are shown for all *Gambierdiscus* species on screen rigs deployed at 4 sites: CTX-1 (Fajardo 25m
533 depth), CTX-2 (Fajardo 18m depth), CTX-3 (Guayama 27m depth) and CTX-4 (Salinas 18m depth).

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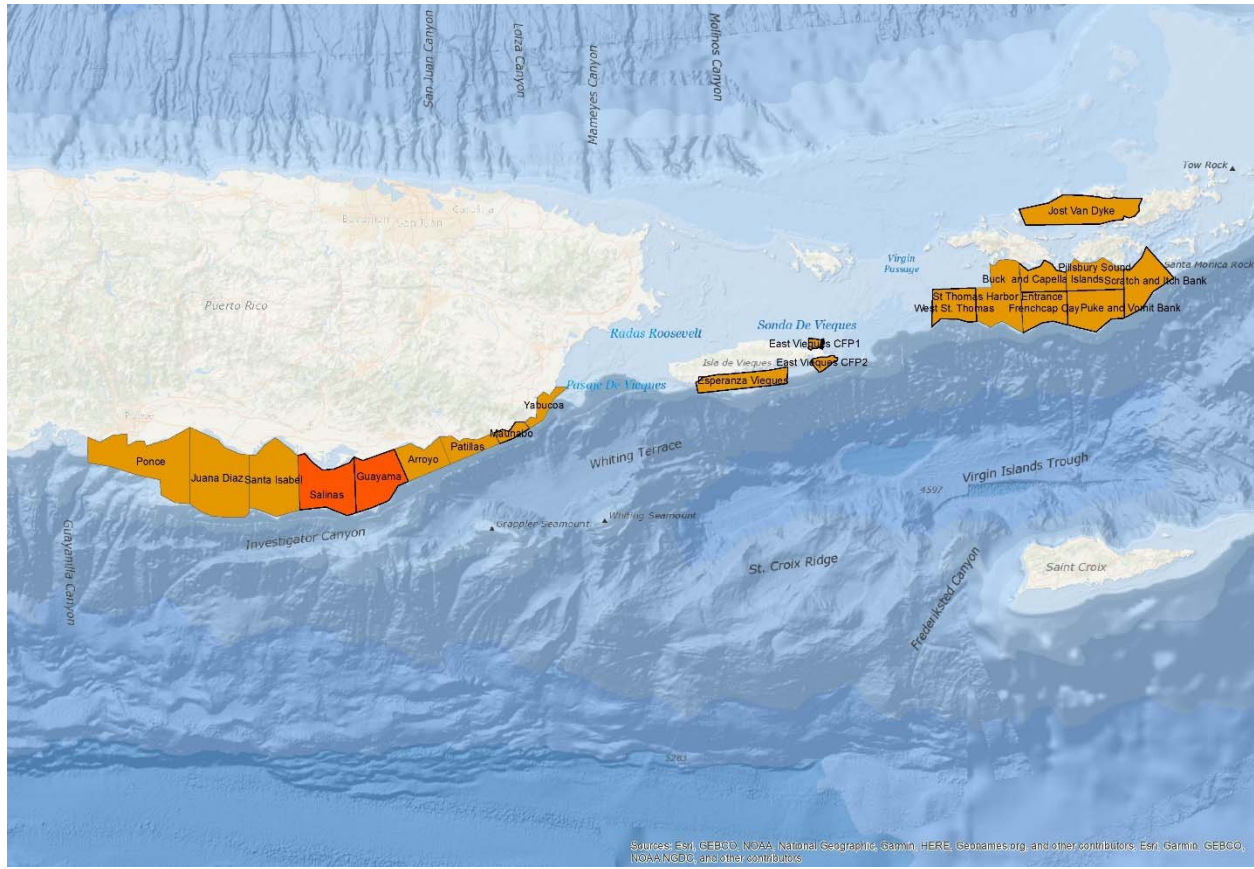


Figure 2 Ciguatera hotspots in Puerto Rico and St. Thomas (USVI) mentioned during interviews with fishers. The red color areas indicate the hotspots which had the highest salience metrics in informant free-lists from Puerto Rico. These hotspots are areas we sampled for CTX in fishes and dinoflagellate abundances. Orange areas were mentioned by informants with less frequency and have not been sampled yet by our team for CTX and dinoflagellates.

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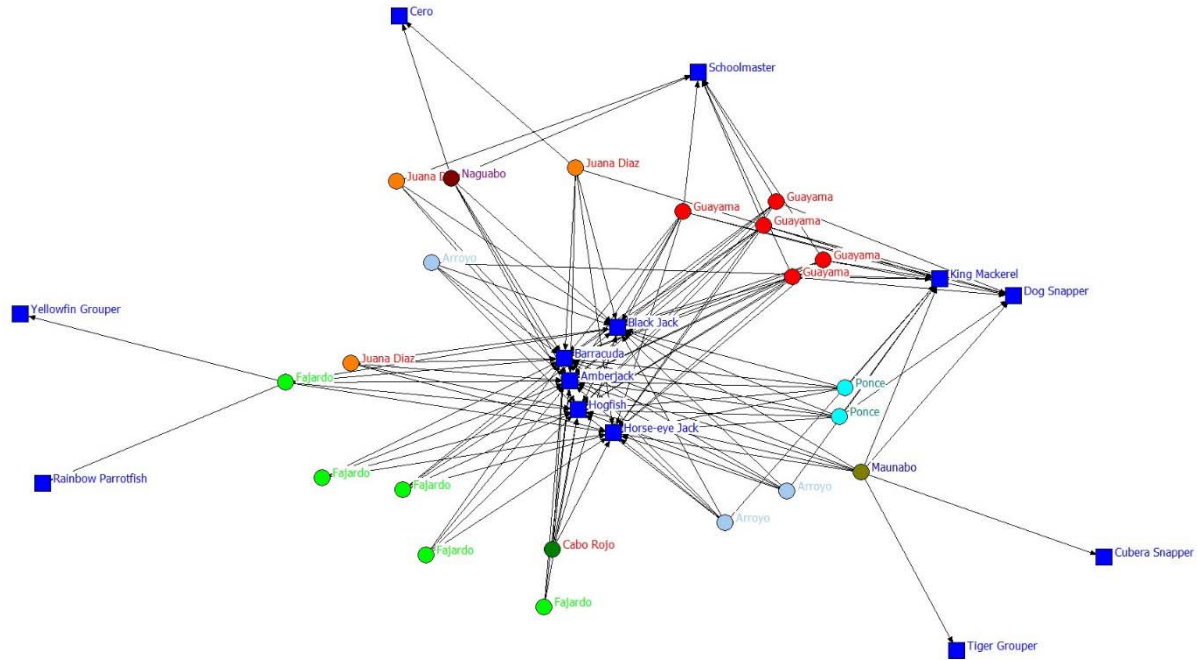


Figure 3 The consensus analysis of fish species identified by informants as having a high prevalence of CFP in the pile-sort exercise. Fish species were offered as photo cards to be sorted into toxic and non-toxic piles and are shown as blue squares. The colored circles represent individual informants and are labeled and color-coded by their fishing villages. Lines show which fishers linked a species to CFP. Many lines linking a fish species to the informants indicates a consensus among those fishers that the fish species is toxic. A greater consensus is found among informants for CFP in fish species at the center of this plot than at the edges of the plot, which were species infrequently identified as having CFP.

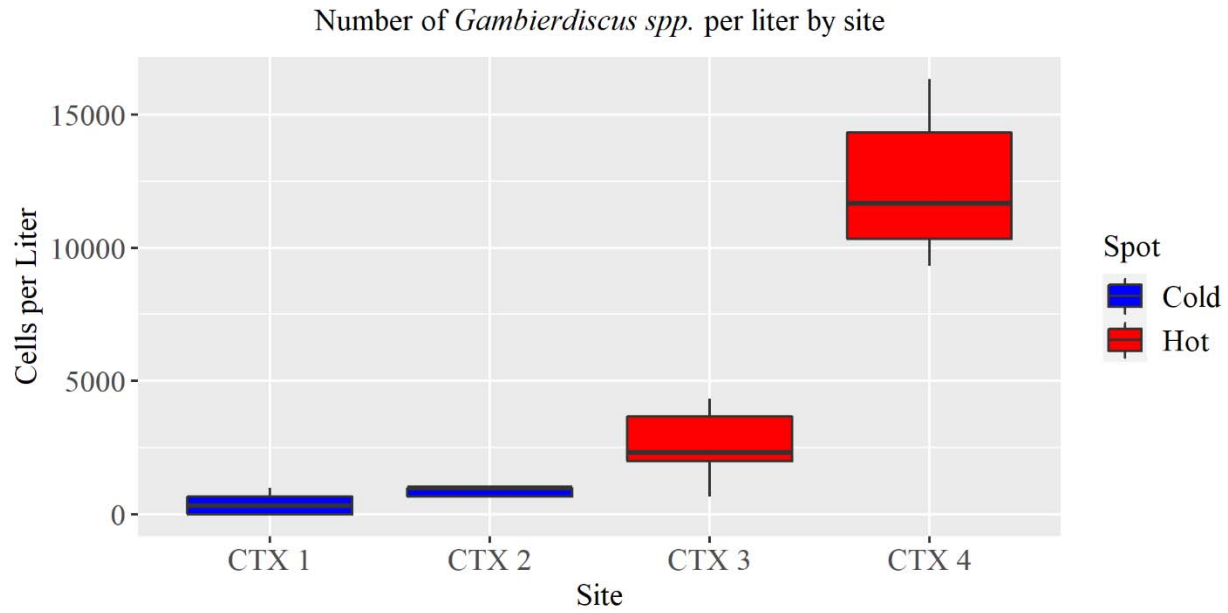


Figure 4 Results for the dinoflagellate cell count differences between hotspot and coldspot. *Gambierdiscus* spp. cells L⁻¹ for the coldspots (CTX-1 and CTX-2) and the hotspots (CTX-3 and CTX-4). The experts at the NOAA Southeast Fisheries Laboratory (Beaufort, NC) counted the cells and confirmed the cells are in the *Gambierdiscus* genera.

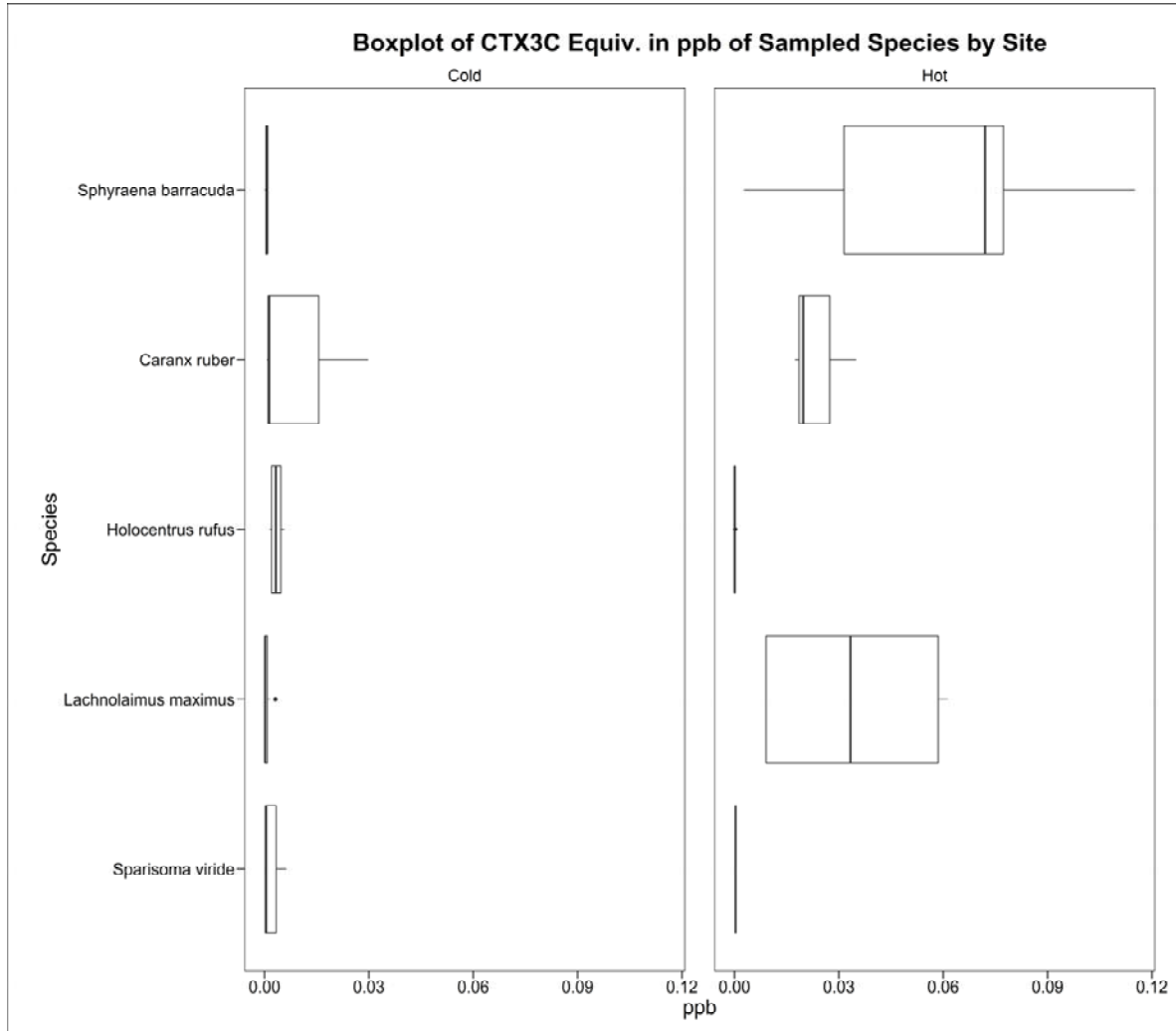


Figure 5 Boxplot of median CTX3C equiv. concentrations in ppb by species in the hotspot and coldspot. The top trophic predators had a higher median CTX3C equiv. concentration in the hotspot compared to the coldspot. Species are listed from highest ETL to lowest.

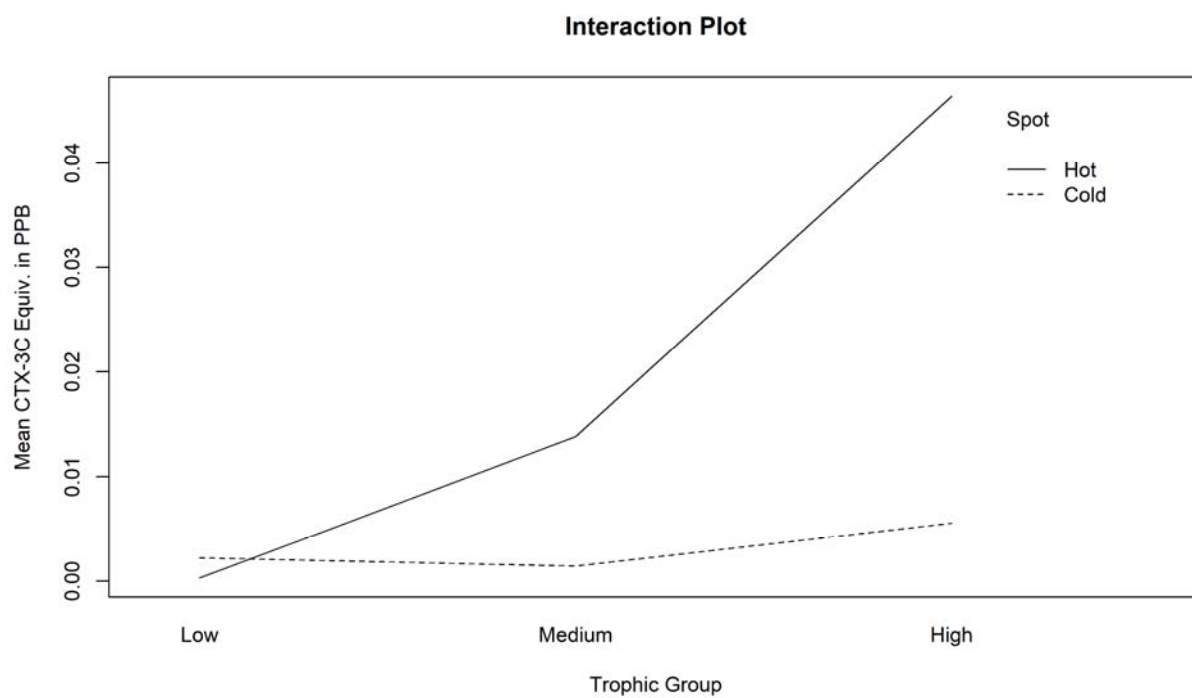


Figure 6 Interaction plot of CTX3C equiv. concentrations in three trophic level groups (low, medium, and high) between the hotspot and coldspot.

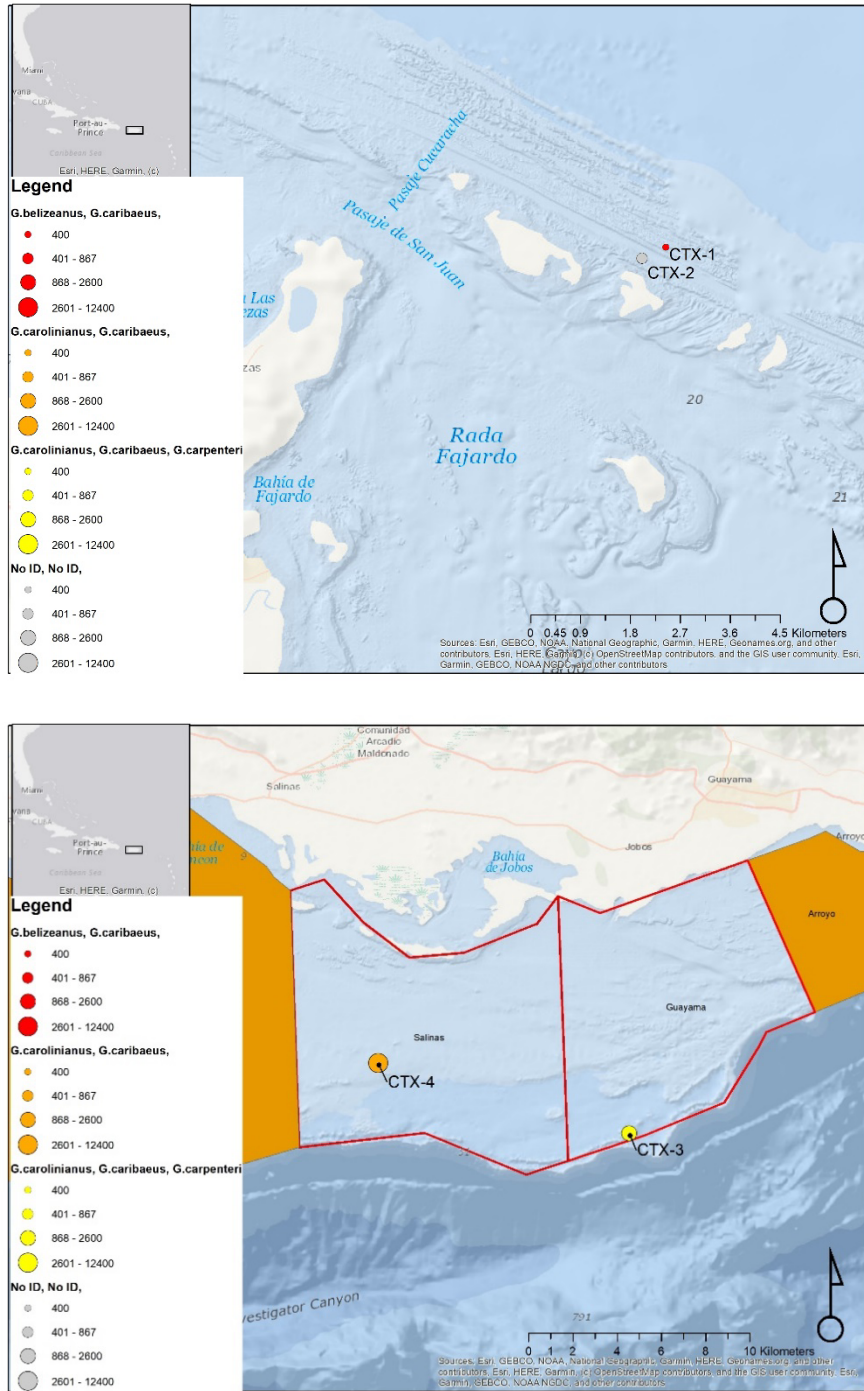


Figure 7 Map of the screen rig sites and the *Gambierdiscus* spp. identified at those sites. Top: Coldspot sites; CTX-1 was 25m deep, CTX-2 was 18 m deep. Bottom: Hotspot sites; CTX-3 was 27 m deep and CTX-4 was 18 m deep. CTX-2 species were not identified by qPCR due to the samples' degraded DNA.